



AISZ LUNCH MENU June 15th- June 19th

June 15 - 19	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Beef & Lentils Stew (Lentils, Carrots, Onions, Garlic, Ground Red Paprika Powder) 600 kcal	Gratin Piadina with Grilled Turkey Fillet & Vegetables (Zucchini, Bell Peppers, Corn) 700 kcal	Mixed Grill (Čevapčići, Grilled Chicken Fillet, "Pljeskavica" Beef Patties) Roasted Potatoes & Vegetables (Bell Peppers, Carrots, Onions, Zucchini, Thyme, Rosemary) 670 kcal	Last Day of School Teacher PD Early Dismissal	Faculty Work Day
Main Course Vege	Grilled Tofu & Vegetable Wok (Bell Papers, Onions, Carrots, Cabbage, Garlic) Rice Noodles 430 kcal	Vege Tortilla (Chickpeas, Kidney Beans, Onion, Bell Peppers) Yoghurt Sauce 490 kcal	Vege Burger (Soy Flakes, Green Peas, Celery, Garlic) Roasted Potatoes & Vegetables (Bell Peppers, Onions, Zucchini) 460 kcal		
Dessert	Fresh Fruit	Apple Strudel	Fresh Fruit		
Weekly Soups	Creamy Cauliflower Soup 250 kcal / Clear Beef Soup with Noodles 215 kcal				
Composed Salad & Bruschetta	Cesar Salad (Grilled Chicken Fillet, Romaine Lettuce, Tomatoes, Dalmatian Prosciutto, Boiled Eggs, Croutons, Cesar Dressing) 350 kcal				
Chef's Choice	Chicken Curry (Chicken Fillet, Onions, Tomatoes, Garlic, Coconut Milk, Garam Masala, Ginger, Turmeric) Basmati Rice 500 kcal	Meat Balls (Beef) Tomato Sauce Spaghetti Parmesan Cheese 650 kcal	Asian Chicken Bowl (Peppers, Carrots, Cucumbers, Chicken Fillet) Udon Noodles 270 kcal		

