



AISZ LUNCH MENU March 24th- March 28th

March 24 - 28	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Beef Stew (Beef, Carrots, Onions, Garlic, Potatoes, Tomato Sauce, Red Paprika Powder, Bay Leaf) 580 kcal	Grilled Pork Neck Crispy Roasted Parmesan Potatoes 708 kcal	Chicken Curry (Chicken Fillet, Onions, Tomatoes, Garlic, Coconut Milk, Garam Masala, Ginger, Turmeric) Basmati rice 500 kcal	Beef Bourguignon (Onions, Carrots, Garlic, Mushrooms) Homemade Gnocchi 830 kcal	Tuna and Tomato Ragù (tuna, Onions, Garlic, Parsley, Tomato Sauce) Rigatoni 690 kcal
Main Course Vege	Marinated Seitan & Vegetables Skewers (Eggplant, Zucchini, Onion) Sweet Corn Puree 670 kcal	Vege Paella (Corn, Kidney Beans, Bell Pepper, Carrots, Onions, Garlic) 680 kcal+	Vege Stew & Grilled Vege Sausage (Cabbage, Carrots, Bell Peppers, Tomato, Onions, Garlic) Mashed Potatoes 680 kcal	Vege Tortilla (Chickpeas, Kidney Beans, Onion, Bell Peppers) Yoghurt Sauce 490 kcal.	Spinach a la Crème (Spinach, Crème, Garlic) Mashed Potatoes Fried Egg 420 kcal
Dessert	Fresh Fruit	Fruit Salad (Apples, Pineapple, Pears, Kiwi, Oranges)	Jaffa Cake	Chocolate Pudding	Fruit Yoghurt
Weekly Soups	Creamy Carrot Soup 210 kcal / Clear Beef Soup and Noodles 215 kcal				
Composed Salad & Bruschetta	Falafel Bowl with Fresh Vegetables Yoghurt Dressing (Lettuce, Tomato, Cucumber, Pomegranate) 360kcal				
Chef's Choice	"Samobor" Pork Cutlet Sauce (Gravy, Onions, Garlic) Sautéed Potatoes (Potatoes, Onions, Red Paprika Powder) 650 kcal	Roasted Chicken "Mlinici"(Pasta Tatters) 760 kcal	Kale Stew & Beef Patties (Kale, Carrots, Celery, Potato, Garlic) (Ground Beef, Onions, Garlic, Parsley) 520 kcal	Red Kidney Beans Stew with Smoked Pork Neck (Carrots, Onions, Garlic, Red Paprika Powder) 780 kcal	Gratin Piadina with Grilled Turkey Fillet & Vegetables (Zucchini, Bell Peppers, Corn) 520 kcal

