



AISZ LUNCH MENU March 18th- March 22nd

| March 18 - 12 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|--|---|--|
| Main Course | Fried Chicken Wings Coleslaw Salad 820 kcal | Meat Balls (Beef) Tomato Sauce Mashed Potatoes 720 kcal | <p>Spring Student Conferences No School</p> | Grilled Chicken Fillet Steamed Vegetables Potatoes (Carrots, Cauliflower, Broccoli) 630 kcal | Ramen (Soy Sauce, Miso, Mushrooms, Egg, Pork Belly) Noodles 650 kcal |
| Main Course Vege | Pasta "Šurlice" and Mushroom Sauce 420 kcal | Quinoa & Black Bean Patties Coleslaw with Chilli Mayo 690 kcal | | Chickpeas & Barley Stew Sweet Potatoes & Carrots 510 kcal | Falafel Bowl with Fresh Vegetables (Lettuce, Tomato, Cucumber, Pomegranate) Yoghurt Dressing 360 kcal |
| Dessert | Fresh Fruit | Mousse Cake | | Vanilla & Choco Parfait | Seasonal Fruit Salad (Pineapple, Grapes, Kiwi, Apple, Pear) |
| Weekly Soups | Clear Beef Soup and Noodles 215 kcal / Creamy Carrot Soup 210 kcal | | | Clear Beef Soup and Noodles 215 kcal / Creamy Carrot Soup 210 kcal | |
| Composed Salad & Bruschetta | Salmon Salad (Avocado, Quinoa, Cherry Tomatoes, Onions, Vinaigrette Dressing) Toasted Garlic Bread 250 kcal | | | Salmon Salad (Avocado, Quinoa, Cherry Tomatoes, Onions, Vinaigrette Dressing) Toasted Garlic Bread 250 kcal | |
| Chef's Choice | Beef Bourguignon (Onions, Carrots, Garlic, Mushrooms) Homemade Gnocchi 830 kcal | Turkey & Crunchy Vegetables Wok (Carrot, Peppers, Zucchini) Rice Noodles 700 kcal | | "Žgvacet" (Veal & Vegetables Stew) (Onions, Carrots, Tomato) Pasta 690 kcal | Beef Burger (Brioche Bun, Salad, BBQ Sauce, Pickles, Feta Cheese) French Fries 740 kcal |

