



AISZ LUNCH MENU November 29th- December 2nd

November 29 - December 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Turkey & Crunchy Vegetables Wok Rice Noodles (Carrot, Peppers, Zucchini) 700 kcal	Grilled Chicken Fillet Steamed Vegetables & Potatoes (Carrots, Cauliflower, Broccoli) 630 kcal	Beef Bourguignon (Beef, Carrots, Onions, Garlic) Homemade Gnocchi 830 kcal	Veal "Žgvacet" (Veal & Vegetables Stew) (Onions, Carrots, Tomato) Pasta 690 kcal	Fried Squids French Fries Tartar Sauce 720 kcal
Main Course Vege	Quinoa & Black Bean Patties Vege Stew (Kale, Onion, Potatoes) 690 kcal	Chickpeas, Vegetables & Barley Stew (Chickpeas, Sweet Potatoes, Onions, Carrots) 410 kcal	Marinated Seitan & Vegetables Skewers (Eggplant, Zucchini, Onion) Sweet Corn Puree 670 kcal	Käsespätzle (Cottage Cheese & Grana Padano) 780 kcal	Beetroot Risotto with Goat Cottage Cheese 410 kcal
Dessert	Fresh Fruit	Plum Tart	Seasonal Fruit Salad (Pineapple, Grapes, Kiwi, Apple, Pear)	Pumpkin Pie	Fruit Yoghurt
Weekly Soups	Minestrone Soup (Cauliflower, Broccoli, Green Peas)/Creamy Pumpkin Soup & Crunchy Seeds 100 kcal/260 kcal				
Composed Salad & Bruschetta	Falafel Bowl with Fresh Vegetables and Yoghurt Dressing (Lettuce, Tomato, Cucumber, Pomegranate) 360kcal				
Chef's Choice	"Sarma" (Pork, Beef, Sauerkraut) Mashed Potato 790 kcal	Ramen (Pork Belly, Soya Sauce, Miso, Mushrooms, Egg,) Chinese Noodle 650 kcal	Fried Chicken Wings Coleslaw Salad 820 kcal	Roasted Chicken Homemade "Mlinči" (Pasta Tatters) Crème Fraiche 740 kcal	Spaghetti Bolognese (Beef) & Parmesan cheese 740 kcal

