

AISZ LUNCH MENU

October 25th – October 29th

*Vašoj mašti
dajemo okus!*



Week B

October 25 th – 29 th	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Pork & Vegetables in Sweet Sour Sauce (Onion, Peppers, Mushrooms) Rice 630 kcal	Veal and Vegetable Risotto 630 kcal	Spaghetti Carbonara 880 kcal	Fried Chicken Fillet with Potatoes Au Gratin 980 kcal	Baked Snapper with Potatoes and Vegetables (Carrot, Tomato, Onion) 590 kcal
Main Course Vege	Soy & Vegetables in Sweet Sour Sauce (Onion, Peppers, Mushrooms) Rice 610 kcal	Chickpeas & Barley Stew with Sweet Potatoes & Carrots 410 kcal	“Käsespätzle” Cheese Spätzle 780 kcal	Gratinated Stuffed Zucchini (Broccoli, Cauliflower, Carrot, Cheese) 540 kcal	Bulgur & Vegetable Pilaf (Onion, Pumpkin, Tomato, Pepper) 580 kcal
Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Dessert	Carrot Cake	Fruit Salad	Lemon Cake	Fruit	Cheese Pie

Weekly Choice of Salads

Caesar Salad (Variety of Lettuce, Grilled Chicken Fillet, Bacon, Croutons, Eggs, Caesar Dressing)
 Royal Salad (Variety of Lettuce, Grilled Chicken Fillet, Vegetables & Mushrooms, Dressing of Choice)
 Greek Salad (Vegetables, Olives, Feta Cheese, Olive Oil & Vinegar Dressing)
 Tuna Salad (Pasta, Fresh Vegetables, Tuna, Olive Oil, Lemon, Mayonnaise, Ketchup)

Weekly Choice of Sandwiches

Club Sandwich (Toast, Ham, Bacon, Eggs, Lettuce, Tomato,)
 Veggie Sandwich (Wholegrain Toast, Hummus, Grilled and Marinated Vegetables, Baby Spinach)
 Breakfast Sandwich (Bun, Smoked Turkey Ham, Eggs, Lettuce, Tomato, Cheese, Mayonnaise)
 Tuna Sandwich (Bun, Tuna, Fresh Vegetables, Olive Oil, Lemon, Mayonnaise, Ketchup)

Salad Dressings:

Thousand Island: Mustard, Egg Yolks, Balsamic Vinegar, Pumpkin Oil, Spices
 Yogurt Dressing: Yogurt, Lemon, Spices
 Balsamic Vinegar & Honey: Balsamic Vinegar, Egg Yolks, Honey, Oil, Spices